



Prep Checklist:

Building the Bedding Layer



Step 1: Add a breathable base	
Lay flat corrugated cardboard or hessian at the bottom of the bin	
Ensure it covers the base without blocking drainage holes	
Step 2: Prepare bedding materials	
Shred cardboard, paper, and dry leaves	
Soak until moist (wrung-out sponge texture)	
<i>Optional: Hydrate coco coir and mix with aged compost</i>	
Step 3: Mix and layer	
Combine bedding materials in a bucket or directly in the bin	
Fluff gently to avoid compaction	
Fill bin one-third to halfway (approx. 8-16 cm depth)	
Step 4: Add microbial boost	
Mix in a handful of aged compost or worm castings	
Step 5: Cover and settle	
Add worms and let them burrow naturally	
Cover with damp newspaper or a worm blanket	